



GAT Management NEWSLETTER

Editor - Ken Zeigler

EMPLOYMENT: Hourly - 1454
Salary - 991

R. L. DUFFEY
ENGINEERING

October 22, 1975

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NATE HURT is the Program Chairman for the 1975 ERDA Plant Facilities Manager's Conference being held in Bethesda, Maryland, October 20-22. He will also chair a session in which the Conference attendees will be in a joint meeting with ERDA engineering and contractor personnel in Germantown, Maryland. G. D. ALTHOUSE and C. W. ROBINSON are on the program as speakers. Other GAT employees attending the Conference are W. G. RUSSELL, R. L. O'DOHERTY, and K. B. ZEIGLER.

TWENTY YEARS of continuous service was achieved by J. E. RICHARDS, JR., on October 17.

THE HEART ASSOCIATION points out that moderate changes in diet can help to reduce the risk of heart disease. In fact, it is possible to reduce heart attacks in middle-aged men from 25 to 50 percent with only a 15 to 20 percent reduction in cholesterol levels. These dietary modifications would include placing less emphasis on foods high in saturated fats and replacing them when possible with foods high in polyunsaturated fats. De-emphasize foods high in cholesterol and control the intake of calories to achieve and maintain a desirable weight. Among foods which should be restricted are ice cream, fat-rich cheeses, butter, eggs, fatty meats, pastries and bakery products, whole milk, solid shortenings and margarines high in saturated fats. Instead, the Heart Association recommends emphasizing skim or low-fat milk and cheeses, lean meat (cooked so as to get rid of fat), poultry (avoid the skin), fish and seafood, all vegetables and fruits, cereals, pastas, white, whole wheat and rye breads and polyunsaturated margarines.

A. P. ROMERO, D/241, addressed Cubscouts, parents and friends of Pack III in Chillicothe September 22. His subject was "Password: Honor-Duty-Country."

NATURAL GAS CUTOFFS; CONSERVATION CAN SAVE JOBS. "We have options with both supply and demand to ease the natural gas shortage, and one on the demand side is a broad-scale public education campaign on conservation." Eric Zausner, FEA's Deputy Administrator, was answering reporters' questions at a recent news conference on the natural gas shortfall expected this winter. Industry in 10 to 15 States would be hardest hit by curtailments. Shortages will be distributed unevenly (depending on pipeline distribution patterns) within an area stretching from New York to South Carolina, and including Ohio, West Virginia, Pennsylvania, and Kentucky. Shortages during this winter are expected to be 30 percent greater than last winter. The report also said that industry and electrical utilities which burn gas as boiler fuel might bear the brunt of any shortages. "Therefore," Zausner stated, "customers must be willing to use less natural gas in their homes this winter to enable factories to have enough."

ENERGY TIP: A furnace tune-up can reduce fuel consumption by 10 percent or more. For an average house using 1,500 gallons of heating oil yearly at 38 cents a gallon, this means a saving of \$57.

THE GAT WOMEN'S Christian Fellowship held their annual off-plantsite meeting September 18 at the Lake White Club. There were 25 members and guests attending. The speaker was Scott Rawlings, pastor of Christ's Community Church in Portsmouth. This group holds monthly meetings on the third Wednesday of each month in the Cafeteria semi-private dining room, during the lunch period. All ladies are urged to attend. (It is interdenominational.)

GRADY BATTLE and RICHARD GRANT played GORDON WILLIAMS and TOM TAULBEE for the GAT Tennis Doubles Championship in Portsmouth on September 23. Williams and Taulbee were the victors.

WHO'S WHO IN MANAGEMENT

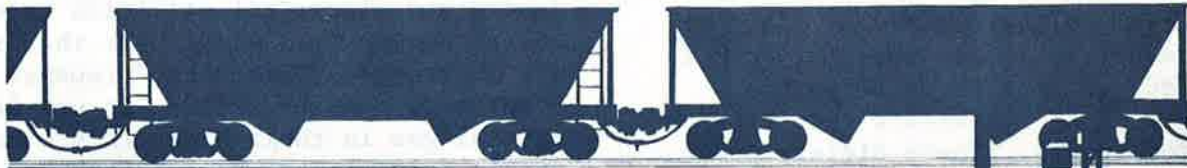
FRANK S. VOSS, Superintendent of Works Laboratory, is responsible for providing analytical services for plant operations, and nuclear material accountability including projects concerning environmental control and industrial hygiene. He reports to ROY W. BROWN, Manager, Technical Division.

Mr. Voss graduated from Michigan State University with a B.S. degree in Chemistry. During Frank's twenty-two-plus years at GAT, he was a Technical Man, Sr., and Supervisor in Works Laboratory before being named to his present position in February 1965.

Frank and his wife, Kay, live at Lake White and they have two children, Karen and Frank. They are members of St. Paul's Lutheran Church in Waverly. He is a member of the American Chemical Society, Institute of Nuclear Materials Management, and the Elks. Frank also has most successfully been the President of our Plant's Credit Union for the past ten years. His main hobbies are golf and bowling.



MAGNITUDE COMPARISON



**1 POUND OF URANIUM THE SIZE OF A GOLF BALL
HAS THE SAME POTENTIAL ENERGY AS**

- 25 RAILROAD CARS FULL OF COAL
- 27.5 MILLION FT³ OF NATURAL GAS
- 6000 BARRELS OF OIL

